



**RACE DOCUMENT
OPTIMIST CRITERIUM
INTERNATIONAL SUMMER OPTIMIST CUP
From 15th au 22nd July 2023
PERROS GUIREC
Organising Authority: ASN Perros
Grade 5**

This race document repurposes and simplifies the Sailing instructions of the International Summer Optimist Cup

3 NOTICES TO SAILORS

The official noticeboard will be available online on the event website <https://asnpq.fr/regates-tableaux-officiels/>, and on WhatsApp (scan QR code ASNP - <https://asnpq.fr/cie-2023/> and then click on the link "Suivi de l'événement").

5. SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed from the clubhouse flagstaff located in front of the sailing club and on the one located on the boat park area.

5.2 When flag AP is displayed over a group flag on the flagstaff of the boat parking area, sailors shall stay in the park area. Once the Flag AP of the group would be lowered, then they would be allowed to move to the beach.

5.3 [DP] The display of both green and class flags with a sound signal means « Boats are authorised to go in the water and to go to the sailing area ». The warning signal of the said class/fleet will not be made 30 minutes after displaying green flag.

Boats shall remain on land until the green flag signal is made. If a boat breaches this rule, it will receive without warning, a scoring penalty of 20% of the number of entries in the largest fleet or group for the 1st race that was completed that day. This changes RRS 63.1..

6. RACING SCHEDULE

Date	First warning signal	Programme
Sunday 16 th July 2023	15h00	2-fleet practice race – white course
Monday 17 th July 2023	12h30 14h00	Sailors briefing First warning signal Racing to follow
Tuesday 18 th July 2023	12h30 14h00	Sailors briefing First warning signal

		Racing to follow
Wednesday 19 th July 2023	12h00 12h15 14h00	Sailor briefing Pick up bib Long distance race
Thursday 20 th July 2023	12h15 12h30 14h00	Pick up bib Sailor briefing First warning signal Racing to follow
Friday 21 st July 2023	9h15 9h30 11h00	Pick up bib Sailor briefing First warning signal Racing to follow

- 6.4 The numbers of races per day will not be defined by a precise number. It will be dependent on time spent on the water. **recommended target time: 4 hours.**

7. FORMAT OF RACING

Group racing

On the first day, boats will be split randomly into groups of 30/40. The following day they will be split as per the overall results.

7.1 **Qualifying Series:**

The qualifying series will last 3-days, this includes the long distance race on the basis that a minimum of 4 races have been completed and validated for each group at the end of the qualifying series.

(The long-distance race is included in the overall results. It will be detailed in a separate appendix "long distance race", which will be posted at the latest on Wednesday before lunch time.)

7.2 **Identification of groups:**

Sailors will display a coloured ribbon corresponding to the colour of their group flying from the top of the sprit as per the table below:



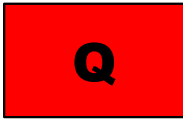


The **ribbons** will be supplied to the sailors.

Practice races:

- 1st start Boats with an odd sail number
- 2nd start Boats with an even number

- 7.5 In the final series the first group might be larger than the other groups depending on sailors' technical abilities, if agreed by the Technical committee delegate.

8. CLASS FLAGS AND RIBBONS

	GROUP 1 or Gold	GROUP 2 or Silver	GROUP 3 or Bronze
Ribbon (sprit)	Red ribbon 	None	Blue ribbon 
Class flag			
	Red	Yellow	Blue

9. RACING AREA

The location of the racing area will be defined in the appendix - COURSES.
Critérium fleet will be located in Zone C.

10. THE COURSES

- 10.1 The courses will be a standard **IODA** Trapezoid type course WITHOUT a gate, described in the appendix – COURSES.

11. MARKS

Starting line, finishing line: Refer to the appendix “The Courses”

16. PENALTY SYSTEM

- 16.1 RRS 44.1 is not amended and the Two-Turn Penalty will apply

17. TIME LIMITS AND TARGET TIMES

Critérium	Target time	Time limit for 1st sailor to finish	Time limit after 1st sailor crosses finish line
Poussins, Benjamins et Minimes	20-min	40-min	15-min

- 17.3 Failure to meet the Target Time will not be grounds for redress. This changes RRS 62.1(a).

18. HEARING REQUESTS

- 18.1. Protest forms are available at the Check-out & Check-in tables and at the jury office and shall be lodged to the jury office.
- 18.2 The protesting boat shall inform the race committee on the finish line (Starboard boat) of their intention to protest immediately after clearing the finish line.

19. SCORING

- 19.1 **2** races are required to be completed to constitute a valid series
- 19.2 **4** races are required to be completed to discard a sailor's worse score

Wednesday's long distance race is included in the overall general results.

20. SAFETY REGULATIONS

- 20.1 **Check-in procedure** for starts shall be completed by the support team representative
- 20.2 **Check out procedure**
All sailors shall check-out in person at the podium of the «village de la glisse», when they come ashore after the last race of the day or after coming back ashore and at the very latest before the time limit to protest. This time limit could be extended exceptionally by the race committee
- 20.5 Failure to check-out by a sailor after a race or sequence of races or after coming back ashore will result in the boat receiving a 20%-point scoring penalty for the last race in the session as per the number of entries in the last race without a hearing.
- 20.6 A boat that retires from a race shall notify the race committee as soon as possible
- 20.7 The VHF channel for the race committee to broadcast will canal **VHF 72**

23. OFFICIAL BOATS

Official boats will be identified by ribbon or by a coloured *the International Summer Optimist Cup flag*

24. SUPPORT TEAM

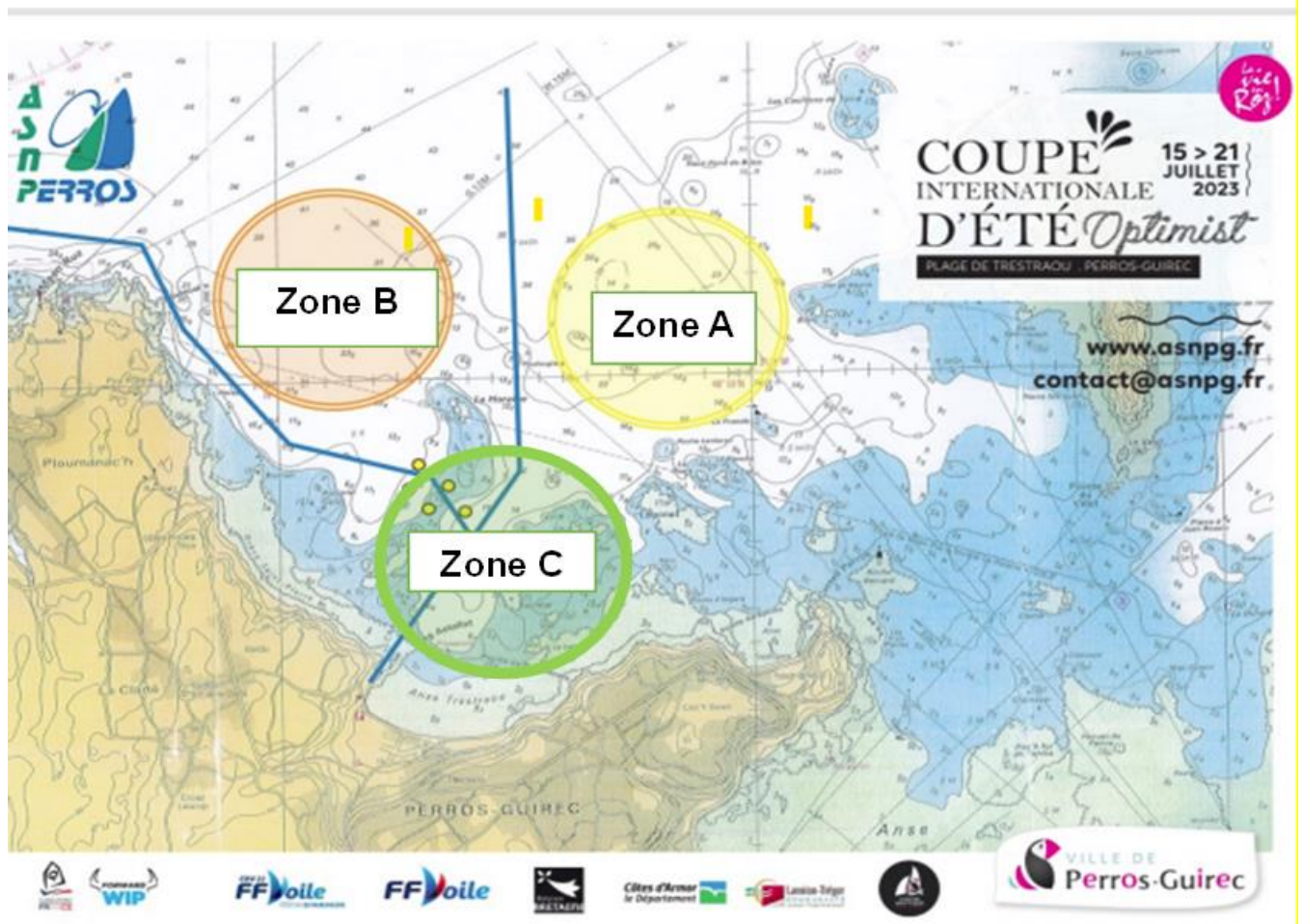
- 24.5 On the CRITERIUM course, «Accredited technical advisor» boats flying a «FFVOILE» flag are free to move around the course and take photos and videos of the sailors. Actions or obstructions caused to sailors by these «Accredited technical advisor» boats will not be grounds for a protest or redress. This changes RRS 41 and 62.1.

29. EMPIRES

Empires appointed by the French Sailing Association

Race committee chairman	Nicole Bitard
Technical committee chairman	Raymond Cronimus
Jury chairman	Annick Martin
Results	Pierre Le Floch
	Maryse Hillion
	Dominique Wendling

ANNEXE RACING AREA



Criterion fleet will be located on Zone C

APPENDIX – THE COURSES

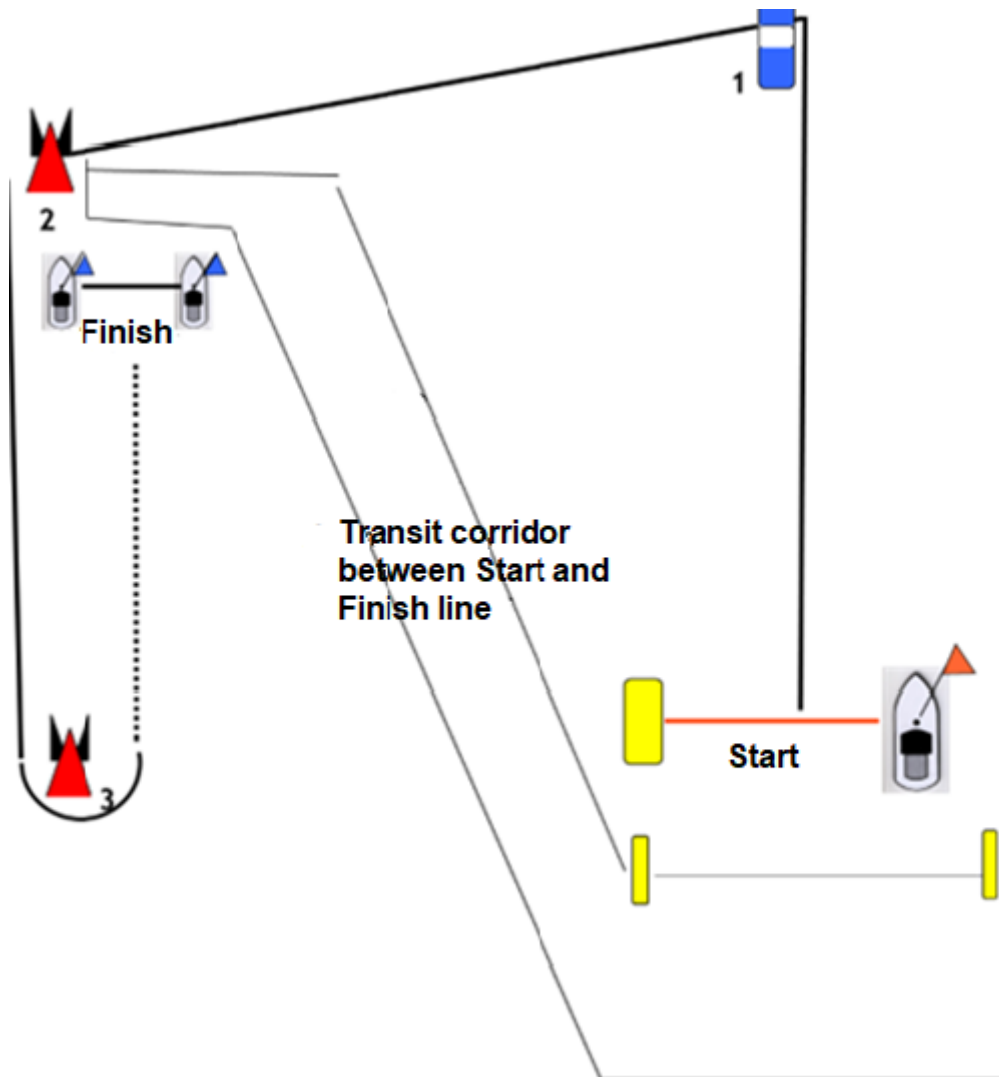
Course:

Start - 1 to be left to port – 2 to be left to port – 3 to be left to port – Finish

Mark roundings and lines

- Starting line: between the orange flag displayed on the Start race committee boat and the yellow pin end buoy.
- Mark 1: Blue buoy
- Marks 2 and 3: red and black conical buoys «Forward»
- Finishing line: blue flags displayed on Finish race committee boat.

Marks depicting the boundary of the start waiting area will be yellow buoys in a crayon shape



The VHF channel for the Criterium course will be 72.